



PROGRESSIVE
WOMEN'S LEADERSHIP

EMPOWERING. SUPPORTIVE. BOLD.

Build Up Your Strengths

Workplace Examples

Think about (1) situations where you apply your strengths everyday (it's so natural you don't realize it) and (2) situations where the outcome may have been different if you had called upon one of your strengths.

#	Strength	Workplace Examples	
		(1) Naturally Applied	(2) Using Your Strengths Differently
1			
2			
3			
4			
5			

Weekly Reinforcing of Your Strengths

Pick a new strength each week and put it into action. Focusing on it will make it stronger.

Week	Strength	Example(s)
1		
2		
3		
4		
5		

We invite you to be inspired at: ProgressiveWomensLeadership.com